

DISCHARGE INSTRUCTIONS FOR CHILDREN RECEIVING CONSCIOUS SEDATION IN THE EMERGENCY DEPARTMENT

Patient Information



northern health



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CHILDREN RECEIVING CONSCIOUS SEDATION IN THE EMERGENCY DEPARTMENT

Your child has received medication for sedation or pain relief while in the Emergency Department.

It is important that you understand what has been done for your child and what to expect over the next 24 hours.

Please ask the Nurse or Physician any questions you may have before you take your child home.

Here are instructions for you to follow with your child:

- Your child's balance may be affected over the next 24 hours. Your child should be supervised for all activities during this time. Example: Your child should not play outside alone, or be left alone in a bathtub.
- Wake your child if he/she goes to sleep every two hours at least twice. (If your child goes to sleep at 8:00 pm, you would wake him/her at 10:00 pm and 12:00 am). Check to see that they recognize you or can tell you where they are. If your child is too young to talk make sure they are responsive enough to cry when you wake them.
- Don't give your child solid foods on the way home. Your child may vomit, Start on clear fluids first, (eg. clear juice, ginger ale), and then go to other liquids and solids as your child tolerates them. If nausea and vomiting occur, go back to clear fluids.

- Normally you should not give your child any medications after they leave the Emergency Department. If your child is on any medication routinely, please ask the Emergency Physician when you should restart the medication.
- Be aware of any changes in your child's behaviour or unusual activities. Example: Your child is not able to tolerate solids.

MEDICATION GIVEN: _____

PRECAUTIONS: _____

TIME AND DATE: _____

SIGNATURE: _____

IF YOU HAVE ANY PROBLEMS OR QUESTIONS PLEASE
CALL THE EMERGENCY DEPARTMENT